# **Clinical Guidelines**

# Vcheck cCRP



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### What is CRP?

- C-reactive protein (CRP) is a major acute phase protein in dogs.
- Its concentrations increase in dogs with systemic inflammation <u>following surgery</u>, <u>trauma</u>, infections, or neoplasia.



## Why is CRP important?

- Compared to other markers of inflammation like body temperature and leukocyte counts, CRP has been suggested to be a **more sensitive and reliable marker of systemic inflammation** in dogs.
  - ✓ CRP concentration is very low in healthy patients
  - ✓ Increases within 4-6 h after inflammatory stimuli ⇒ Reaching peak concentrations 24-48 h
  - ✓ Normalizing quickly during recovery (when the causative agent ends)
- The magnitude of increase in CRP concentration reflects the degree of systemic inflammation, and CRP concentrations decline with successful treatment of inflammatory diseases.

CRP can also be used to quantify the degree of inflammation.

### When can CRP be elevated?

• Measurement of CRP is valuable in a clinical setting to diagnose systemic inflammation in dogs. Increased CRP concentrations have been reported in a large number of conditions, including bacterial, viral and parasitic infection, immune-mediated disease, neoplasia, sterile inflammation, and surgical trauma.



#### References

- 1. Viviana Albarracín, Mariana Teles, et al.: Canine Pancreas-Specific Lipase and C-reactive Protein in Dogs Treated With Anticonvulsants (Phenobarbital and Potassium Bromide). Topics in Compan An Med 30 (2015) 57–61.
- 2. Michelle B. Christensen, et al.: C-reactive protein: quantitative marker of surgical trauma and post-surgical complications in dogs: a systematic review. Christensen et al. Acta Vet Scand (2015) 57:71.
- 3. Anna Hillström.: Canine C-reactive Protein. Uppsala 2016

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### When should we test for CRP?

### • Regular check-up

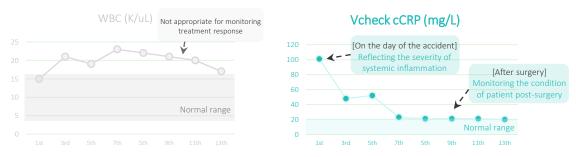
To confirm the presence of underlying inflammation

CRP can be **useful to detect inflammation that cannot be detected by other inflammatory markers**, such as WBC, neutrophil or ALB, suggesting that the examination of CRP concentration is essential as a routine diagnostic test.

### Monitoring response to therapy by serial monitoring

#### For evaluating treatment efficacy

The CRP level **promptly reflect the inflammatory extent of the body**. Measurement of the CRP concentration in dogs will be clinically valuable for detection of inflammation as well as **determination of disease severity** and **evaluation of response to treatment**.



[Changes of WBC and CRP concentration in a patient hit by car and postoperative recovery]

### After Surgery

#### To monitor post-operative effects and recovery

CRP is a useful marker of surgery related systemic inflammation in dogs.

Routine measurements of CRP concentrations could **improve the assessment of postoperative** inflammation and clinical decision making during recovery after surgery in dogs.



[Changes of CRP concentration after 4<sup>th</sup> and 5<sup>th</sup> mammary gland mastectomy]

